

Sustainable farming and critical habitat conservation to achieve biodiversity mainstreaming and protected areas management effectiveness in Western Cameroon – SUFACHAC

# ADAPTATION OF BAKOSSI BAYANG MBO LANDSCAPE TO COVID-19

The COVID-19 pandemic is a major shock to the world and our thoughts are with all those affected. While governments strive to address the immediate issues posed by the outbreak, we should already be considering how to adapt and resume life in this new context of pandemic disease.

Image: Second state of the second s	Let us not forget our natural environment during this time of COVIS-19	
	Think of alternative and sustainable activities during and after the COVID-19	

Think of alternative activities during and after the COVID-19	
Saving our wildlife for humanity and future generation both now and after COVID -19 is not only a moral attitude but also a spiritual obligation	

Nature rescuing humanity in the	Nature rescuing humanity in the fight against COVID-19 in our localities:		
Some commonly used remedy			
	SN: Zingiber officinale CN: Ginger		
	SN: <i>Citrus aurantifolia</i> CN: Limes SN: <i>Citrus limon</i> CN: Lemon		
	SN: <i>Artemesia absinthium</i> CN: Worm/holy herb		
	SN: <i>Ageratum conyzoides</i> CN: King grass/goat weed		

SN: <i>Cinchona officinalis</i> CN: Quinquina bark	
SN: <i>Piliostigma thonningii</i> CN: Barkedje	
Overexploitation of the above identified plants for the prevention and treatment of COVID-19 leads to the destruction of Biodiversity and Habitats	<b>C</b>
Non sustainable harvesting of plants parts may lead to loss of Biodiversity. COVID-19 should not give occasion for destroying our nature	$\overline{\mathbf{C}}$
Engaging now in nursery development of mostly consumed non timber forest products (NTFPS) will promote post COVID- 19 recovery for vulnerable groups	

	Wash hand regularly with soap and running water to stop propagation of the COVID 19	
Ø<1m>Ø	Maintain social distancing Maintain social distancing to protect yourself and others	

## WHY COVID-19 IS SPREADING VERY FAST within our

#### communities

"These are my colleagues so I can speak without mask" COVID 19 Do not care of who you are and what is our relationship.	
"They are my close friends so I can speak without mask" it is because they matter to you that you need to protect them and yourself	

They are your mates because they are alive, protect them from COVID-19 to give a chance for you both to survive	$\overline{7}$
Don't do the above 03 mistakes, wear your mask properly and respect social distance to stay safe and protect your beloved Ones	

SN: Scientific Name; CN: Common Name

Some of the images are owned by FOREPCameroon, j4p4n, friendsresilience .org, Wikipedia, tropical.theferns.info, phytonpathos.net, SUFACHAC

### THIS MESSAGE HAS BEEN BROUGHT TO YOU BY THE SUFACHAC PROJECT FOR MORE INFORMATION

#### CONTACT:

SUFACHAC head office, DDMINEPDED Fako, SONARA road opposite Savoy Palms hotel, P.O. BOX 240 Limbe, SWR. Tel: 694913505; 697369398/ 691102614 Email: <u>sufachacproject@gef-cameroon.org</u>

<u>www.unenvironment.org</u> / <u>www.minepded.gov.cm</u> / <u>www.gef-cameroon.org</u> / <u>www.sufachac.org</u>